

## Lesson Plan

Name of Assistant Professor: Ms. Lakhwinder kaur

Class and Section: B.A 6<sup>th</sup> sem 2017-2018

Subject Lesson Plan: 17 Weeks (From January 2018 to April 2018)

Week 1	<b>Child Psychology: Definition, Aims, Subject matter. Objectives of studying.</b>
Week 1,Day 1 01/01/2018	Child Psychology: Definition
Week 1,Day 2 02/01/2018	Aims
Week 1,Day 3 03/01/2018	Subject matter
Week 1,Day 4 04/01/2018	Objectives of studying
Week 1,Day 5 05/01/2018	Holiday Guru Gobind Singh Birthday
Week 1,Day 6 06/01/2018	Objectives of studying
Week 2	<b>Learning: Meaning, importance, method of learning, factor effecting learning.</b>
Week 2,Day 1 08/01/2018	Learning meaning, importance
Week 2,Day 2 09/01/2018	Method of learning
Week 2,Day 3 10/01/2018	Method of learning
Week 2,Day 4 11/01/2018	Factors effecting learning
Week 2,Day 5 12/01/2018	Factors effecting learning
Week 2,Day 6 13/01/2018	Lohri Celebration
Week 3	<b>Intelligence: Definition, measurement of intelligence.</b>
Week 3,Day 1 15/01/2018	<b>Intelligence:</b> Definition
Week 3,Day 2 16/01/2018	<b>Intelligence:</b> Definition
Week 3,Day 3 17/01/2018	<b>Intelligence:</b> Definition
Week 3,Day 4 18/01/2018	Class test
Week 3,Day 5 19/01/2018	Measurement of intelligence
Week 3,Day 6 20/01/2018	Measurement of intelligence

Week 4	<b>Personality Development: Definitions, types , factors affecting the development of personality.</b>
Week 4,Day 1 22/01/2018	Holiday Basant Panchmi
Week 4,Day 2 23/01/2018	Personality Development: Definitions
Week 4,Day 3 24/01/2018	Types of personality
Week 4,Day 4 25/01/2018	Types of personality
Week 4,Day 5 26/01/2018	Republic Day
Week 4,Day 6 27/01/2018	Factors affecting the development of personality
Week 5	<b>Play: Definition, features and types of play. Difference between work and play. Importance of play on childhood.</b>
Week 5,Day 1 29/01/2018	Play: Definition, features
Week 5,Day 2 30/01/2018	Types of play
Week 5,Day 3 31/01/2018	RaviDas Jayanti
Week 5,Day 4 01/02/2018	Types of play
Week 5,Day 5 02/02/2018	Difference between work and play
Week 5,Day 6 03/02/2018	Importance of play in childhood
Week 6	<b>Stages of the development of the child, characteristics of :</b> <b>- Infancy</b> <b>- Childhood</b>
Week 6,Day 1 05/02/2018	- Infancy
Week 6,Day 2 06/02/2018	- Infancy
Week 6,Day 3 07/02/2018	- Infancy
Week 6,Day 4 08/02/2018	- Infancy
Week 6,Day 5 09/02/2018	Class test
Week 6,Day 6 10/02/2018	Maharishi Dayanand Jyanti
Week 7	<b>- Childhood</b>
Week 7,Day 1 12/02/2018	- Childhood
Week 7,Day 2	Maha Shivratri

13/02/2018	
Week 7,Day 3 14/02/2018	- Childhood
Week 7,Day 4 15/02/2018	- Childhood
Week 7,Day 5 16/02/2018	- Childhood
Week 7,Day 6 17/02/2018	- Childhood
Week 8	<b>- Adolescence</b> <b>- Problem of an adolescent child, role of parents and teacher in solving them.</b>
Week 8,Day 1 19/02/2018	Adolescence
Week 8,Day 2 20/02/2018	Adolescence
Week 8,Day 3 21/02/2018	Adolescence
Week 8,Day 4 22/02/2018	- Problem of an adolescent child
Week 8,Day 5 23/02/2018	- Problem of an adolescent child
Week 8,Day 6 24/02/2018	- Problem of an adolescent child
Week 9	<b>Role of parents and teacher in solving them.</b>
Week 9,Day 1 26/02/2018	Role of parents and teacher in solving them
Week 9,Day 2 27/02/2018	role of parents and teacher in solving them
Week 9,Day 3 28/02/2018	Role of parents and teacher in solving them
Week 9,Day (4-6) (01/03/2018- 03/03/2018)	Holidays
Week 10	<b>The Expectant mother: -</b> <b>Sign of pregnancy</b> <b>- Discomforts of pregnancy</b>
Week 10,Day 1 05/03/2018	<b>The Expectant mother: -</b> Sign of pregnancy
Week 10,Day 2 06/03/2018	<b>The Expectant mother: -</b> Sign of pregnancy
Week 10,Day 3 07/03/2018	<b>The Expectant mother: -</b> Sign of pregnancy
Week 10,Day 4 08/03/2018	Discomforts of pregnancy
Week 10, Day 5 09/03/2018	Discomforts of pregnancy

Week 10,Day 6 10/03/2018	Discomforts of pregnancy
Week 11	- <b>Care of the expectant mother in brief.</b> - <b>All effects of an early marriage.</b>
Week 11, Day 1 12/03/2018	Care of the expectant mother in brief
Week 11, Day 2 13/03/2018	Care of the expectant mother in brief
Week 11, Day 3 14/03/2018	Care of the expectant mother in brief
Week 11,Day 4 15/03/2018	Care of the expectant mother in brief
Week 11,Day 5 16/03/2018	Care of the expectant mother in brief
Week 11,Day 6 17/03/2018	Revision
Week 12	<b>Ill effects of an early marriage.</b>
Week 12,Day 1 19/03/2018	Ill effects of an early marriage
Week 12,Day 2 20/03/2018	Ill effects of an early marriage
Week 12,Day 3 21/03/2018	Ill effects of an early marriage
Week 12,Day 4 22/03/2018	Ill effects of an early marriage
Week 12,Day 5 23/03/2018	Revision
Week 12,Day 6 24/03/2018	Test
Week 13	<b>Care of newborn infants- Bathing, clothing and hygiene during infancy.</b> <b>Feeding of an infant: Breast feeding verses Artificial feeding.</b>
Week 13,Day 1 26/03/2018	Care of newborn infants - Bathing, clothing
Week 13,Day 2 27/03/2018	Care of newborn infants - Bathing, clothing
Week 13,Day 3 28/03/2018	Feeding of an infant: Breast feeding verses Artificial feeding
Week 13,Day 4	Feeding of an infant: Breast feeding verses Artificial feeding

29/03/2018	
Week 13,Day 5 30/03/2018	Feeding of an infant: Breast feeding verses Artificial feeding
Week 13,Day 6 31/03/2018	Class test
Week 14	<b>Weaning: meaning and importance. Methods of weaning</b>
Week 14,Day 1 02/04/2018	Weaning: meaning
Week 14,Day 2 03/04/2018	Weaning: meaning
Week 14,Day 3 04/04/2018	Importance
Week 4,Day 4 05/04/2018	Importance
Week 14,Day 5 06/04/2018	Methods of weaning
Week 14,Day 6 07/04/2018	Methods of weaning
Week 15	<b>Common ailments of childhood:</b> 1. Cold, cough, fever. 2. Digestive disturbances-Diarrhea. Constipation and Vomiting. <b>Skin infection-prickly heat, allergy.</b> <b>Convulsions.</b>
Week 15,Day 1 09/04/2018	1. Cold, cough, fever
Week 15,Day 2 10/04/2018	. Digestive disturbances-Diarrhea. Constipation and Vomiting
Week 15,Day 3 11/04/2018	Skin infection-prickly heat, allergy
Week 15,Day 4 12/04/2018	Convulsions.
Week 15,Day 5 13/04/2018	Convulsions.
Week 15,Day 6 14/04/2018	Baisakhi ,Ambedkar jayanti
Week 16	<b>Test and revision</b>
Week 16,Day 1 16/04/2018	Child Psychology: Definition, Aims.
Week 16,Day 2 17/04/2018	Objectives of studying
Week 16,Day 3 18/04/2018	Weaning: meaning and importance.
Week 16,Day 4 19/04/2018	Methods of weaning
Week 16,Day 5 20/04/2018	Types of personality

Week 16,Day 6 21/04/2018	Measurement of intelligence
Week 17	<b>Test and revision</b>
Week 17,Day 1 23/04/2018	The Expectant mother: - Sign of pregnancy Discomforts of pregnancy
Week 17,Day 2 24/04/2018	Infancy
Week 17,Day 3 25/04/2018	Childhood
Week 17,Day 4 26/04/2018	Adolescence
Week 17,Day 5 27/04/2018	Problem of an adolescent child, role of parents and teacher in solving them.
Week 17,Day 6 28/04/2018	Feeding of an infant: Breast feeding verses Artificial feeding